

## PATIENT INFORMATION LEAFLET

**Broflex<sup>®</sup> Syrup 5mg/5ml**  
trihexyphenidyl hydrochloride**Read all of this leaflet carefully before you start taking this medicine**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet please tell your doctor or pharmacist.

The information in this leaflet has been divided into the following sections:

1. **What Broflex is and what it is taken for**
2. **Check before you take Broflex**
3. **How to take Broflex**
4. **Possible side effects**
5. **How to store Broflex**
6. **Further information**

**1. What Broflex is and what it is taken for**

Broflex Syrup belongs to a group of medicines called antimuscarinics.

Broflex syrup is used to treat some of the symptoms of Parkinson's disease such as shakiness or stiffness of the muscles which can cause difficulty moving.

Some medicines can cause side effects which are like the symptoms of Parkinson's disease and Broflex syrup is also used to reduce these side effects.

**2. Check before you take Broflex****Do not take Broflex:**

- if you are allergic to trihexyphenidyl hydrochloride or similar medicines such as orphenadrine hydrochloride or procycline hydrochloride, or if you are allergic to any of the other ingredients in Broflex (see Section 6 Further information).

Do not give Broflex to children.

**Take special care with Broflex**

Before you take Broflex tell your doctor if:

- you have glaucoma (increased pressure in the eye)
- you suffer from high blood pressure
- you suffer from kidney, heart, liver, bowel or prostate problems
- you suffer from digestive system or stomach problems
- you suffer from bladder problems or have difficulty passing urine

- you suffer from a condition called myasthenia gravis (a rare muscle weakness disorder)
- you experience unusual movements of the face and tongue as this may be a sign of a serious condition known as tardive dyskinesia
- you are elderly.

If any of the above applies to you, or if you are not sure, speak to your doctor or pharmacist before you take Broflex.

### **Taking other medicines**

Tell your doctor or pharmacist if you are taking or have taken any of the following medicines as they may interfere with Broflex:

• monoamine oxidase inhibitors (MAOIs)	(used to treat depression), for example isocarboxazid or moclobemide
• antihistamines	(used to treat allergies)
• disopyramide	(used to treat irregular heart beat)
• phenothiazines	(used to treat psychoses), for example chlorpromazine or thioridazine
• tricyclic antidepressants	(used to treat depression), for example amitriptyline
• antiviral agents such as amantadine	(used to treat viral infections).

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

### **Pregnancy and breast-feeding**

Do not take Broflex if you are breast-feeding.

Tell your doctor if you are pregnant, trying to become pregnant or are breast-feeding.

### **Driving and using machines**

Taking Broflex may make your vision blurred or make you feel less alert than usual. If you are affected you should not drive or use machines until the effect has worn off.

### **Important information about some of the ingredients of Broflex**

Broflex contains:

- glycerol - which can be harmful in high doses. It can cause headaches, stomach upsets and diarrhoea.
- amaranth (E123) - which can cause allergic-type reactions, including asthma. This is more common in people who are allergic to aspirin.
- sucrose - there is 2g of sucrose in every 5ml of syrup. The maximum dose of Broflex supplies 8g sucrose. Broflex is therefore unsuitable for patients with hereditary fructose intolerance, glucose-galactose malabsorption syndrome or sucrase-isomaltase deficiency.

## **3. How to take Broflex**

Always take Broflex exactly as your doctor has told you to. You should check with your doctor if you are not sure.

The usual dose starts with 2mg (2ml) per day. This may be increased by your doctor gradually to a maximum of 20mg (four 5ml spoonfuls) a day.

Do not stop taking this medicine suddenly as your symptoms may get worse.

If you want to stop taking Broflex ask your doctor who will tell you how to reduce the dose gradually.

### **What to do if you take more Broflex than you should**

If you accidentally take too much syrup, or someone else takes any of your medicine, you should tell your doctor at once or contact the nearest casualty department. Show any left-over medicines or the empty container to the doctor.

### **If you forget to take a dose of Broflex**

Do not worry. If you forget to take a dose, take it as soon as possible, unless it is almost time to take the next dose (within 1-2 hours). DO NOT take a double dose. Then go on as before.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## **4. Possible Side Effects**

Like all medicines, Broflex can have side effects although not everyone gets them. Broflex sometimes causes the following side effects in some people:

- dry mouth
- constipation
- blurred vision
- agitation
- confusion
- hallucinations
- feeling optimistic
- inability to sleep or restlessness
- forgetfulness.
- paranoid delusions (being worried that something bad is happening without any reason).

If any of these side effects gets serious or you notice any other side effects not listed in this leaflet, please tell your doctor or pharmacist.

## **5. How to store Broflex**

Keep Broflex out of the reach and sight of children.

Do not use Broflex after the expiry date which is given on the carton and bottle label after EXP. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help protect the environment.

## 6. Further information

### **What is in Broflex?**

The active ingredient in this medicine is trihexyphenidyl hydrochloride.

Each 5ml of Broflex contains 5mg trihexyphenidyl hydrochloride. The other ingredients are citric acid, benzoic acid, propylene glycol, amaranth (E123), glycerol, chloroform spirit, blackcurrant flavour A402, syrup (sucrose) and water.

### **What Broflex looks like and contents of pack**

Broflex is a clear pink syrup available in bottles of 200ml.

### **Marketing Authorisation Holder and Manufacturer**

The product licence holder is: Alliance Pharmaceuticals Ltd, Avonbridge House, Chippenham, Wiltshire, SN15 2BB, UK.

Broflex is manufactured by: Pharmasol Ltd, North Way, Walworth Industrial Estate, Andover, Hampshire, SP10 5AZ, UK.

The information in this leaflet applies only to Broflex. If you have any questions or you are not sure about anything, ask your doctor or a pharmacist.

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